Teacher _____ Per: ____

PHYSICAL EDUCATION DANCE UNIT

Describe the following dance movements and terms. You will have a WRITTEN test on this vocabulary.

The five basic ballet positions - arms and feet positions. 1. First

- 2. Second
- 3. Third
- 4. Fourth
- 5. Fifth
- 6. Plie
- 7. Releve
- 8. Passe
- 9. Passe Hop
- 10. Arabesque
- 11. Chasse
- 12. Leap/Jete
- 13. Lunge
- 14. Cross Touch
- 15. Kick Ball Change

- 16. Jazz square
- 17. Jazz slide
- 18. Grapevine
- 19. Straight Jump
- 20. Changement
- 21. Straight Kick
- 22. Fan Kick
- 23. Hitch Kick
- 24. Tuck Roll
- 25. Front/Knee Fall
- 26. Backfall
- 27. Ronde de Jambe
- 28. Drag Turn
- 29. Pivot Turn
- 30. Pirouette
- 31. Chaine Turn

Define the following terms:

32. Spotting

33. Choreography

Ballet Routine:

- 1. Every person must demonstrate every skill at some point in the routine.
- 2. Your group must have 3 formation changes in the routine
- 3. Your routine must be memorized when you perform
- 4. You are graded individually on your performance